Yapton C. of E. Primary School
Safer Online Practices

Here is some useful information to support Remote and Home Learning.

Safe Use of Technology at Home

Here are some tips to ensure the safe use of technology at home:

- ✓ Make sure your Wi-fi access is set up using filters so that age restricted material cannot be accessed
- ✓ Encourage your child to take regular rest breaks with at least 5-10 minutes of non-screen time every hour
- ✓ Make sure your child engages with home learning using a suitable position in the home such as a kitchen table or desk, whilst sitting in a comfortable and support chair (it is not safe or healthy for children to be using laptops on their laps or mobile devices whilst sat on a sofa or in bed)
- ✓ Make sure any charging cables are kept secure and used safely
- ✓ Where PCs are being used, they should be set up and adjusted to ensure screens are at eye level and keyboards and mice are accessible so as to avoid eye and neck strain
- ✓ Pupils using mobile devices, including laptops, tablets and mobile smartphones should be supported to take regular breaks (every 20 minutes) and to use stands where possible to help tilt the screen
- ✓ Mobile devices should be wiped clean on a regular basis using suitable cleaning products.

The following websites may be of use in giving more advice on safe practices:
- ➢ National Education Union
- ➢ NSPCC
- ➢ Connect safely
- ➢ Internet matters app guides
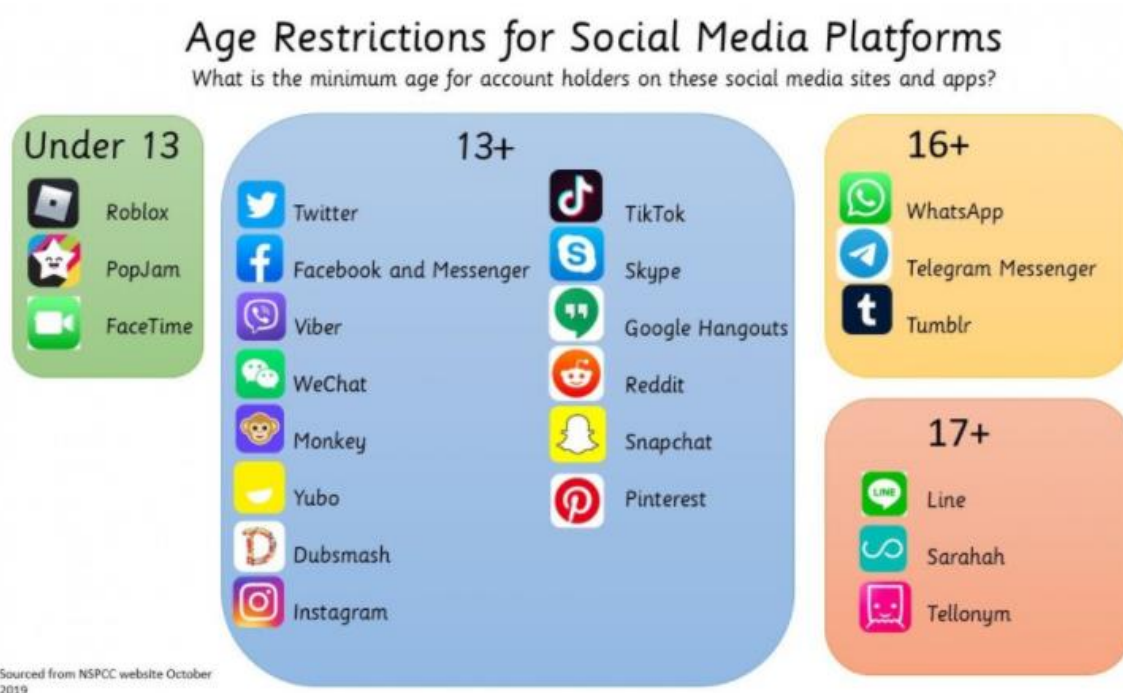- ➢ UK safer internet site social media guides

Staying Safe Online

Encourage your children to follow these three simple steps to help them keep safe online:

ZIP IT
Keep your personal stuff private and think about what you say and do online.

BLOCK IT
Block people who send nasty messages and don't open unknown links and attachments.

FLAG IT
Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

Age Restrictions for Social Media Platforms

As a school we recognise the positive aspects of social media and support the children in understanding the value in these platforms. We would like to remind parents that there are age restrictions for applications which can be seen below. We strongly advise that parents adhere to these age restrictions for the safety and well being of your children. There is a wealth of advice available to parents on security measures in access to these sites at The National Online Safety and the NSPCC Net-Aware websites.

Age Restrictions for Social Media Platforms
What is the minimum age for account holders on these social media sites and apps?

Under 13
- Roblox
- PopJam
- FaceTime

13+
- Twitter
- Facebook and Messenger
- Viber
- WeChat
- Monkey
- Yubo
- Dubsmash
- Instagram
- TikTok
- Skype
- Google Hangouts
- Reddit
- Snapchat
- Pinterest

16+
- WhatsApp
- Telegram Messenger
- Tumblr

17+
- Line
- Sarahah
- Tellonym

Sourced from NSPCC website October 2019

Reporting Concerns

If you as parents, or your children, are concerned about something seen online or have experienced any negative issues, you can report these via the Internet Watch Foundation and the Children Exploitation and Online Protection Centre (CEOP). Please contact the school as appropriate to share your concerns.

Links for more information about this can be found below:

Social Media: If children stumble across worrying or criminal content online, it should be reported to the Child Exploitation and Online Protection Centre.

Child sexual abuse images: if criminal content is discovered online, it should be reported to the Internet Watch Foundation. Criminal content in the IK includes child sexual abuse images, criminally obscene adult content as well as non-photographic child sexual abuse images.

Online Terrorism: Terrorism related content should be reported to the police's Counter Terrorism Internet Referral Unit.

Hate Speech: Online content which incites hatred in the grounds of race, religion, disability, sexual orientation or gender should be reported to True Vision.