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ANXIETY TOOLKIT FOR PARENTS AND CARERS WEBINAR

SATURDAY 25TH JANUARY 2025, 10AM- 12 MIDDAY

LEARN PRACTICAL TIPS AND STRATEGIES TO HELP PARENTS AND CARERS SUPPORT THEIR CHILDREN THROUGH ANXIETY IN THIS ONLINE EVENT !

Are you feeling overwhelmed by your child's anxiety? Join us for this online event where Your Space Therapies will provide you with practical tools and strategies to help you support your child. Emma Connor, Child Psychotherapist will share valuable, easy to implement strategies to navigate through challenging situations and promote your child's well-being. Don't miss out on this opportunity to learn and connect with other parents and carers facing similar experiences. Register now and equip yourself with the **tools** to better understand and manage anxiety in your child.

Price: £27.80

For more information and booking please scan the QR code:

