

May Half Term 2025

Below is some useful information and ideas to share with Parents.

How to listen to your child.

YOUNGMINDS

[How to really listen to your child | YoungMinds](#)



[Place2Be: Parenting Smart: Building listening skills for parents](#)

Social Media and my child



[Social media, my children and me | Place2Be](#)

[Place2Be: Parenting Smart: Safe social media for primary aged children](#)

NSPCC

[What is social media? | NSPCC](#)

**internet
matters.org**

[Social media advice hub | Internet Matters](#)

Asking for Help



[Asking for help \(for adults\)](#)

[Asking for help \(for young people\)](#)

Half term challenges



giving nature a home

Go birdwatching

How many of these birds can you see around where you live?
As you spot each bird, write down where you saw it.

 <p>House sparrow Look in hedges, parks and gardens for small, chirpy, streaky brown birds. Male has grey cap and black chin; female is plainer.</p> <p>Where?</p>	 <p>Starling Bigger than a sparrow, but smaller than a blackbird (speckled in winter), short tail, pointed beak and waddling walk. Often in flocks.</p> <p>Where?</p>	 <p>Blue tit Tiny green and yellow bird with blue wings and tail. Look for blue cap edged with white. Common in gardens and woods.</p> <p>Where?</p>	 <p>Blackbird Common in gardens and woods, between sparrow and pigeon in size. Male black with yellow beak, female brown.</p> <p>Where?</p>
 <p>Woodpigeon Common, big, grey pigeon with a white band on the wing and white neck patches. Wings make a noisy clatter. Often in flocks.</p> <p>Where?</p>	 <p>Robin A small, perky garden and woodland bird. The orange-red face and chest are unique but not quite as bright as you might expect.</p> <p>Where?</p>	 <p>Great tit Smaller than a sparrow but bright, bold and noisy. Has a black cap, big white cheek patches and black stripe down front.</p> <p>Where?</p>	 <p>Goldfinch Brightly-coloured sparrow-sized, usually seen in flocks, giving ringing calls.</p> <p>Where?</p>
 <p>Collared dove A small, slim, pale dove. Look for the thin black band around the back of the neck. Often in gardens.</p> <p>Where?</p>	 <p>Maggie Big, long-tailed black and white bird like nothing else. Makes loud chattering noise. Often in gardens, farmland and woods.</p> <p>Where?</p>	 <p>Chaffinch A sparrow-sized bird of gardens, fields and woods. Look for two white bars across the wing and white sides to the tail.</p> <p>Where?</p>	



Action
Write and tell us what you saw when you went birdwatching.

Wild activities!

www.rspb.org.uk/wildchallenge
Sign up and earn rewards!



© RSPB



At-Home Activities Scavenger Hunt

50 Things to Find on a Nature Walk!

How many of these items can you find on your next nature walk?
Keep hunting until you find them all!

- 
- ☐ Find three different coloured stones
 - ☐ Find an insect with six legs
 - ☐ Find something that is prickly
 - ☐ Find two different types of leaves
 - ☐ Find something that is alive
 - ☐ Find something that is colourful
 - ☐ Find something that grows
 - ☐ Find something that makes noise
 - ☐ Find something that comes from a tree
 - ☐ Find a spider web
 - ☐ Find a long piece of grass
 - ☐ Find a feather
 - ☐ Find a puddle
 - ☐ Find something that has a smell
 - ☐ Find something that is green
 - ☐ Find a bug that is red
 - ☐ Name two things in nature that are taller than you
 - ☐ Find something that can fly
 - ☐ Find something that needs water
 - ☐ Find something that crawls
 - ☐ Find something that is soft
 - ☐ Find a bird's nest. (no touching!)
 - ☐ Find three different coloured flowers
 - ☐ Find a pine needle
 - ☐ Find two different sticks
 - ☐ Find a piece of bark
 - ☐ Find a pinecone
 - ☐ Find a tree stump
 - ☐ Spot a squirrel
 - ☐ Spot a butterfly
 - ☐ Find something that is smooth
 - ☐ Find a mushroom
 - ☐ Spot three different clouds
 - ☐ Find a piece of litter and throw it away
 - ☐ Find a dandelion
 - ☐ Find something with veins
 - ☐ Find something with a hole in it
 - ☐ Find something that flies
 - ☐ Find something starting to grow
 - ☐ Find something you think is pretty
 - ☐ Find roots
 - ☐ Spot a bunny
 - ☐ Find a footprint
 - ☐ Find a plant that is dead
 - ☐ Find something that is blue
 - ☐ Find something that needs the sunshine
 - ☐ Find something that needs water
 - ☐ Find a clover
 - ☐ Find a berry
 - ☐ Find something shaped like a circle

