

# UKHarvest



Who we are and what we do



# What is food waste?

Food that is thrown away that could have been eaten.



# Why is it important?



Global food waste  
generates the same  
pollution as 1 in 5  
cars on UK Roads





# Food waste quiz

Can you all think of the last food item you threw in the bin? What was it?

Can you guess the top 3 most wasted foods in the UK?



# 1. Potatoes

How many potatoes are wasted **everyday**?

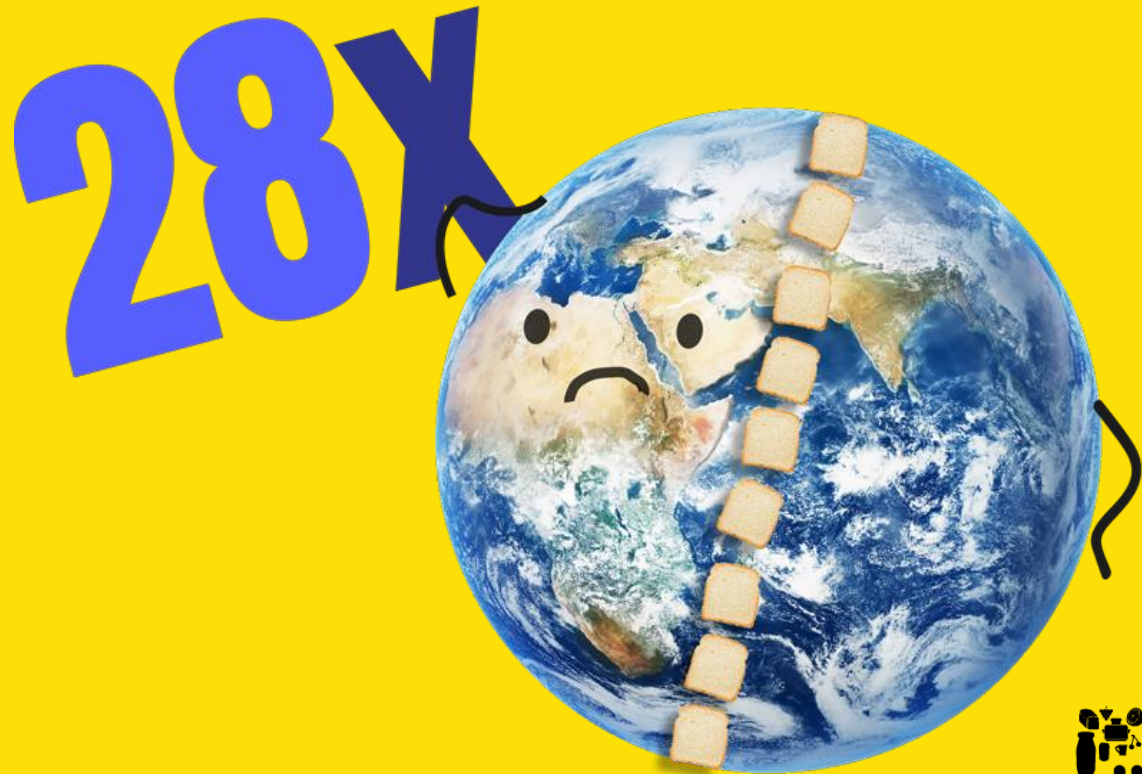
**2.9 million potatoes  
are wasted everyday**



## 2. Bread

How many slices of bread are thrown away **everyday**?

**25 million slices  
of bread everyday**



### 3. Milk

How many glasses of milk  
**Everyday?**

**2.7 million**  
**glasses of milk each**  
**day**

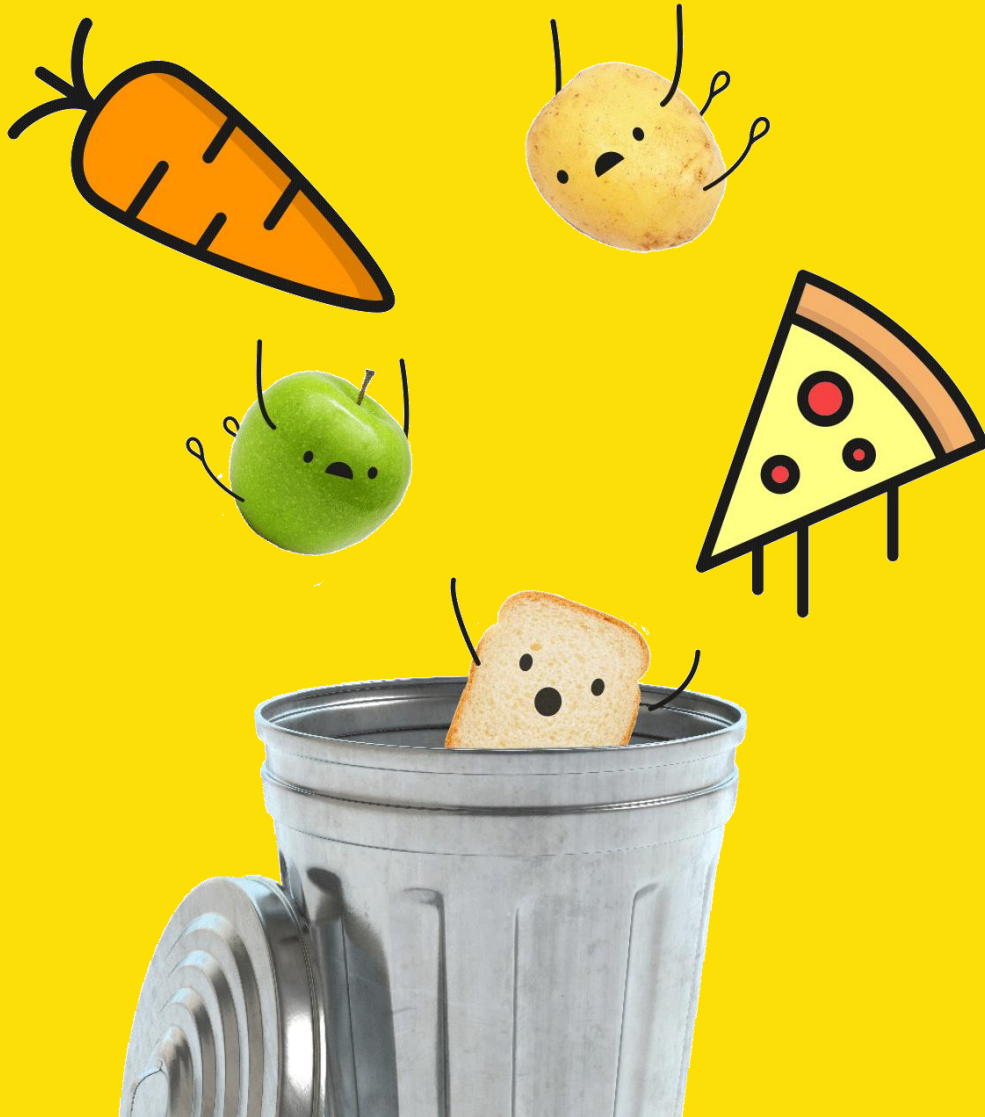


**OMG**





Followed by.....



**Chicken, Turkey and Duck**

**Mixed Vegetables**

**Cakes and Deserts**

**Pork, Ham and Bacon**

**Lettuce and Leafy salad**





# What can we do?



**FILL YOUR  
FREEZER**



**MAKE A  
SHOPPING LIST**



**LOVE WONKY  
VEG**

# Food waste tips



**DITCH THE  
PEELER**



**KNOW YOUR  
DATES**



**LOVE YOUR  
LEFTOVERS**



**Thank You**

